



Hopewell Creek Stables



Welcomes clinician
Siobhain O'Connor
Sunday, January 10

Siobhain has competed across North America as an Advanced level event rider. Come see how her experienced eye can help improve your relationship with your horse, dressage skills and strategy, knowledge of effective gymnastic exercises and rider position.

9:00 - 10:30am	Creating a partnership: Working <i>with</i> your horse (not against). This session will include theory, groundwork, and some great exercises with poles to help foster trust and skills of the 'rider-horse' partnership.
10:30 - 12:00pm	Gridwork: Developing athleticism of the horse and improving the position of the rider. Learn a number of tips for improving your ride from every angle!
12:00 - 1:00pm	<i>Lunch - Provided for Participants</i>
1:00 - 2:30pm	Working on our dressage (and test; in and out of the ring). Get the most out of your test; and your ride!
2:30 - 4:00pm	Intermediate/Advanced pole work and gymnastics. Learn how to set up and improve skills with effective cavaletti and gymnastic exercises. Also, learn some fun XC exercises for the indoor arena. Great for those in hunter-pacers also!

All sessions will include a combination of theory and mounted work. Green horses and riders are welcomed and encouraged! Siobhain will balance each session based on her consideration of the fitness of horses and skills of riders.



Fees:

\$85 - choose two sessions plus audit the rest of the clinic for free

\$55 - choose one session and audit the rest of the clinic for free

\$20 for audit only

Sign up early, **as spaces are limited!**

[HopewellCreekStables - Events at the Stable](http://hopewellcreekstables.com/eventsatthestable)

<http://hopewellcreekstables.googlepages.com/eventsatthestable>

Hopewell Creek Stables is conveniently located central to Kitchener/Waterloo, Guelph and Cambridge at 1158 Foerster Road, just off highway 7 that runs between K/W and Guelph. Please contact Jeanine or Roland 519 648 9975 or HopewellCreekStables@gmail.com